

CHABOT-LAS POSITAS COMMUNITY COLLEGE DISTRICT

ATHLETIC TRAINER

*Class specifications are intended to present a descriptive list of the range of duties performed by employees in the class. Specifications are **not** intended to reflect all duties performed within the job.*

SUMMARY DESCRIPTION

Under direction, participate in the development, organization, implementation, and supervision of a comprehensive sports medical program for the care, treatment, rehabilitation, and prevention of physical injuries to athletes in the District's intercollegiate athletics programs; attend athletic events and serve as first responder in case of athletic emergencies or injury; and train and supervise assistant/associate athletic trainers, graduate assistant athletic trainers, and student athletic training interns.

REPRESENTATIVE DUTIES

The following duties are typical for this classification. Incumbents may not perform all of the listed duties and/or may be required to perform additional or different duties from those set forth below to address business needs and changing business practices.

1. Participate in the development and implementation of sports medical programs including injury prevention programs, injury evaluations, injury management, injury treatment and rehabilitation, educational programs, and counseling for student athletes.
2. Prepare written policies and procedures in collaboration with the team physician regarding emergency management, treatment, and reconditioning of injuries for athletes; participate in annual review and update of established programs as necessary.
3. Oversee, direct, and schedule the day-to-day activities of the athletic training staff including the recruitment, guidance, training, and evaluation of assistant/associate athletic trainers, graduate assistant athletic trainers, and student athletic training interns in the performance of their duties.
4. Schedule and coordinate athletic training staff and students for coverage of all team practices and athletic competitions.
5. Attend athletic practices and events as required; render emergency First Aid treatment; provide preventative and emergency care for visiting teams as necessary.
6. Provide athletic training services to athletic teams at home and during travel; apply preventive and protective taping and padding for athletes; tape ankles, knees, wrists, elbows, shoulders, and ribs of athletes prior to practice or games.
7. Administer first aid and emergency medical care including lifesaving procedures to student athletes; in the absence of the team physician, make decisions concerning the ability of the injured athlete to participate.
8. Coordinate with strength and conditioning staff to ensure safety in the design and implementation of fitness, nutrition, and conditioning programs customized to meet individual student athlete needs.
9. Evaluate athletic injuries; administer conditioning/rehabilitation by use of massage, heat, cold, and vibration of hydro-whirlpool as prescribed by team physician; recommend treatment of athletes.
10. Administer the use of rehabilitation equipment; operate related therapeutic modalities as directed by the team's physician; maintain treatment room equipment in a clean and orderly condition.
11. Refer injured students to the team physician, college health center, or appropriate medical facility as necessary.

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12. Coordinate and schedule physical examinations and medical referrals for student-athletes to determine their ability to practice and compete.
13. Assist the college physician and health personnel with athletic health screening examination arrangements.
14. Inspect and evaluate dressing rooms, showers, playing fields, and athletic equipment to reduce hazards.
15. Assist in the development of the sports medical program budget; prepare budget for athletic first aid medical supplies and equipment; assist in the ordering of training room supplies and equipment.
16. Research, evaluate, and recommend new techniques and equipment that would enhance the benefit of the sports medical program.
17. Facilitate communication between athletes, coaches, parents, administration, and community concerning the health and physical status of athletes.
18. With the advice of the insurance agent, review athletic insurance coverage and assist student athletes and staff in the correct submission of insurance claims.
19. Provide information to athletes on the care and prevention of athletic injuries; inform and advise athletes on various health topics including nutrition and diet.
20. Work to assist athletes with various personal, social, and educational problems as well as goals and objectives; provide professional referrals as appropriate.
21. Maintain accurate and detailed injury and treatment reports about student athletes; prepare, maintain, and update a variety of forms, records, and reports including physicals, daily treatment logs, injury evaluation forms, daily coach's report and student trainer hours.
22. Perform related duties as required.

MINIMUM QUALIFICATIONS

The following generally describes the knowledge and ability required to enter the job and/or be learned within a short period of time in order to successfully perform the assigned duties.

Knowledge of:

1. Policies, procedures and objectives of an athletic program including health and safety regulations.
2. Athletic sports medicine practices used in the prevention and treatment of sports injuries, including conditioning techniques and practices.
3. Symptoms of various injuries and appropriate first aid treatment.
4. Principles and practices of ImPACT neurocognitive concussion baseline testing and post concussive testing.
5. Principles, methods, equipment, and basic theory of therapeutic and physical rehabilitation.
6. Conditioning and rehabilitation programs relevant to athletic injuries and illnesses.
7. Equipment and devices used to treat and rehabilitate injured athletes.
8. Human anatomy, physiology, kinesiology, and exercise physiology.
9. Common athletic injuries and athletics psychology.
10. OSHA guidelines regarding blood borne pathogens.
11. First aid, CPR, and other emergency medical practices and procedures including taping, wrapping, and bandaging techniques.
12. Rules and regulations of a variety of sports and athletic activities including familiarity with CCCAA and NCAA governing rules.
13. Principles of supervision and training.
14. Office procedures, methods, and equipment including computers.
15. Principles and procedures of record keeping.

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16. Interpersonal skills using tact, patience and courtesy.
17. Basic housekeeping methods.
18. Basic mathematical principles.
19. Oral and written communication skills.

Ability to:

1. Administer preventive measures, first aid, CPR, emergency care, and rehabilitative treatments to athletes in various intercollegiate sports.
2. Administer ImpACT neurocognitive concussion baseline testing and post concussive testing.
3. Evaluate the nature and extent of injuries to determine the need for immediate medical attention and the participation status of athletes.
4. Identify symptoms of various injuries and take appropriate action.
5. Evaluate and treat a variety of athletic and physical education injuries accurately.
6. Analyze situations accurately and adopt an effective course of action.
7. Operate a variety of therapeutic equipment and devices used to treat athletic injuries.
8. Tape, wrap, and bandage body joints and apply protective pads and equipment.
9. Understand and follow physicians' prescriptions and technical instructions.
10. Administer preventive measures, first aid, CPR, emergency care, and rehabilitative treatments to athletes in various intercollegiate sports.
11. Maintain current knowledge of treatment modalities and preventive techniques related to sports injuries.
12. Prepare and maintain accurate and timely records related to insurance, injuries, treatment, athletic equipment and supplies, and inventory.
13. Work independently with little direction.
14. Meet schedules and timelines.
15. Supervise, train, and provide work direction to student workers.
16. Understand and follow oral and written directions.
17. Travel to athletic events as requested and work outside normal business hours.
18. Communicate clearly and concisely, both orally and in writing.
19. Establish and maintain effective working relationships with those contacted in the course of work.
20. Work with and exhibit sensitivity to and understanding of the varied racial, ethnic, cultural, sexual orientation, academic, socio-economic, and disabled populations of community college students.

Minimum Education & Experience - Any combination of the following would provide a typical way to obtain the required knowledge and abilities.

Education/Training:

A Bachelor's degree from an accredited college or university with major course work in sports medicine, physiology, anatomy, health education, physical education, or a related field.

Experience:

Two years of responsible experience working as a certified athletic trainer preferably working in an athletic program at the secondary level or higher.

LICENSE OR CERTIFICATE

Certified by the National Athletic Trainers' Association Board of Certification.

Valid First Aid and CPR certificate issued by the American Red Cross.

Valid California driver's license and a safe driving record.

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PHYSICAL DEMANDS AND WORKING ENVIRONMENT

The conditions herein are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential job functions.

Environment: Work is performed in both indoor and outdoor environments; travel from site to site; frequently works around athletic playing fields; exposure to all types of weather and temperature conditions, blood borne pathogens and bodily fluids. Positions may be required to work evenings, nights, and weekends.

Physical: Primary functions require sufficient physical ability and mobility to work with athletes on playing fields or in training facilities; to stand or sit for prolonged periods of time; to occasionally stoop, bend, kneel, crouch, reach, and twist; to lift, carry, push, and/or pull moderate to heavy amounts of weight; to operate athletic training equipment requiring repetitive hand movement and fine coordination; and to verbally communicate to exchange information.

Adopted by Board of Trustees on February 21, 2017

Effective: February 22, 2017

Job Family: Technical – Paraprofessional