



To Whom It May Concern,

The Associated Students of Las Positas College (ASLPC) would like to support the proposed student health fee increase from \$17 to \$20 for the Fall and Spring semesters and from \$15 to \$17 for the Summer session.

With the current economic conditions and budget cuts from state funding sources, increasing the mandatory student health services fee will allow the Student Health & Wellness Center (SHWC) to continue providing accessible health and behavioral health services. To meet the rising number of student requests for behavioral health services, this increased health fee will fund a more comprehensive integrative behavioral health program.

This academic year there will be over 450 behavioral health visits conducted at the student health and wellness center. The number of students requesting behavioral health services at Las Positas College continues to grow every year.

The increased funding will support the Las Positas College behavioral health program. The behavioral health program will be defined as an integrative program that deals with mental health, substance abuse, and associated physical disorders. The program consists of an integrated delivery of care model including medical providers, educators, public health professionals, clinical mental health providers, peers, and other healthcare professionals. The increased funding will support two LMFT interns (18 clinical hours per week, 4 behavioral health outreach hours, 2 supervision hours), one LMFT intern supervisor (4 supervision hours), and one behavioral health outreach coordinator position (hours tbd). The behavioral health program coordinator will facilitate a peer support program, a behavioral health education outreach program for students including workshops and support groups such as stress management, resiliency training, and mindfulness. The coordinator will also provide behavioral health education, resources, tools, and support for staff/faculty to assist, identify, and refer students dealing with behavioral health issues on campus.

We believe the increase in the student health fee will benefit Las Positas students.

Respectfully yours,



Eric Pineda  
ASLPC President



Joshua Moore  
ASLPC Vice President

Zainab Dogar  
LPC Student Trustee



Jasleen Gill  
Inter Club Council Chair

