	Quarantine and Isolation Requirements: Under certain conditions, the time recommended by CDC and CDPH for quarantine has been reduced to 0-5 days.		COVID Case (earliest date of test or symptoms) High Risk Exposure Period PAY -2 -1 0 1 2 3 4 DAY 5 6 7 8 9 10 11 COVID Exposure (last date of close contact with case) PRIMARY VACCINATION (Return with test) UNVACCINATED (Return with test)
CHABOT	If you	Then	Definitions:
LAS POSITAS COMMUNITY COLLEGE DISTRICT	Have symptoms at any time, regardless of vaccination status	 Stay home and test ASAP Self-Isolate until result is known, and if test is positive, continue to isolate and contact your medical provider for advice or treatment. Notify dean/supervisor 	AB685 COVID-19 Outbreak: A COVID-19 outbreak is defined as at least three COVID-19 cases among workers at the same worksite/building within a 14-day period.
 Information needed for completion of Case Response Form: Individual name and contact information (phone/email) Date of onset of symptoms/positive test or close contact Last date individual was on campus for inperson activities Individuals' vaccination status (primary/boosted/unvaccinated) 	 Test positive for COVID-19 (Isolation) Regardless of vaccination status 	 Stay home and isolate for at least 5 days. Return (with masking) when ALL the following are met: At least 24 hours with no fever (100.4 or greater) without fever reducing medications AND Other symptoms of COVID -19 are improving AND To return days 6-10, the antigen test must be negative. No testing is needed to return after 10 days 	Fully Vaccinated and Boosted: Individuals are considered in this category when they have received the primary series of any WHO approved vaccine series and are 14-days beyond the primary series and have received a recommended booster shot (6 months after for Moderna or Pfizer, and 2 months after J&J) A person is considered boosted and up-to-date right after getting their booster dose.
Symptoms of COVID-19 include: cough, fever, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea.	 Have a Close Contact to Someone with COVID-19 AND Are fully vaccinated, including "BOOSTER" if eligible 	 No Quarantine Test on day 5 (if positive follow isolation instructions) Mask around others for 10 days If symptoms develop at any time, stay home, self- isolate, test, and reach out to dean/supervisor 	Vaccinated and Booster Eligible but not yet Boosted: Individuals are considered in this category when they have received the primary series of any WHO approved vaccine and are 5 months beyond the Pfizer or Moderna and 2 months beyond the J&J vaccine but HAVE NOT received a booster dose.
Quarantine: Separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.	 Have a Close Contact to Someone with COVID-19 (Quarantine) AND Have primary vaccination(s) and are eligible for but do not have a "BOOSTER" 	 Quarantine for 3-5 days and test no earlier than day 3 (if positive follow isolation instructions) Return as soon as test result is available and negative Mask around others for 10 days If symptoms develop at any time, stay home, self-isolate, test, and reach out to dean/supervisor 	Vaccinated but not yet Booster Eligible: Individuals are considered in this category when they have received the primary series of any WHO approved vaccine and are not yet 5 months beyond the Pfizer or Moderna and 2 months beyond the J&J vaccine primary series.
Isolation: Separates sick people with a contagious disease from people who are not sick.	 Have a Close Contact to Someone with COVID-19 (Quarantine) AND Are unvaccinated OR less than 14 days after primary vaccination series OR recovered from COVID-19 within 90 days and unvaccinated 	 Quarantine for 5 days and test no earlier than Day 5 (if positive follow isolation instructions) Return on Day 6 if test result is available and negative Mask around others for 10 days If symptoms develop at any time, stay home, self-isolate, test, and reach out to dean/supervisor 	Infectious Period: for an individual who develop symptoms. The infectious period ends when the following criteria are met: 10 days have passed since the symptoms first appeared, AND at least 24-hours have passed with no fever, AND other symptoms have improved.