SOCIAL DISTANCING GUIDELINES AT CLPCCD

1. Avoid in-person meetings. Use online conferencing, email or the phone when possible, even when people are in the same building.

2. Unavoidable in-person meetings should be short, in a large meeting room where people can sit at least three feet from each other; avoid shaking hands.

3. Eliminate unnecessary travel and cancel or postpone nonessential meetings, gatherings, workshops and training sessions.

4. Do not congregate in work rooms, pantries, copier rooms or other areas where people socialize. Keep six feet apart when possible.

5. Bring lunch and eat at your desk or away from others (avoid lunchrooms and crowded restaurants).

FLU PREVENTION TIPS

- Get vaccinated
- Wash hands often
- Cover coughs & sneezes
- Stay home when sick

CHABOT LAS POSITAS COMMUNITY COLLEGE DISTRICT